School of Interdisciplinary Studies

Minors

Minors offered by the School of Interdisciplinary Studies are available to students in all majors except for students taking the Bachelor of Arts or the Bachelor of Science in Interdisciplinary Studies. There is no minor offered in Interdisciplinary Studies. Students enrolled in the Bachelor of Arts in American Studies and the Bachelor of Science in Healthcare Studies are encouraged to take any minor offered by any school at the university. Students may also contact the academic advisor in their major for a list of the courses that satisfy each minor. Students who take a minor will be expected to meet the normal prerequisites in courses making up the minor, and should maintain a minimum GPA of 2.000 on a 4.00 scale (C average). Minors available within the School of Interdisciplinary Studies are:

- American Studies
- Environmental Studies
- Exercise Sciences
- Gender Studies
- Healthcare Studies

Minor in American Studies: 18 semester credit hours

The minor in American studies will facilitate a better understanding of American culture, economy, politics, and society.

Required Courses: 6 semester credit hours

- AMS 3302 American Cultures
- BIS 3320 The Nature of Intellectual Inquiry

Electives: 12 semester credit hours

Choose 4 from the following:

- AMS 2300 American Popular Culture
- AMS 3321 American Ethnic Experience: Immigrants Before 1945
- AMS 3322 American Ethnic Experience: Immigrants After 1945
- AMS 3326 The United States in the Twenty-First Century
Required Foundation Courses: 6 semester credit hours

ECON 4336  Environmental Economic Theory and Policy
NATS 2333  Energy, Water, and the Environment

Electives: 12 semester credit hours

Choose 4 from the following list, or three from the list with one alternate course accompanied by written permission of the Supervisory Committee.

BIOL 4324  Field Ecology
BIS 3310  Environmental Studies Project (This course is strongly recommended.)
CHEM 4381  Green Chemistry and Green Fuels
ECON 4332  Energy and Natural Resources Economics
ECON 4333  Environmental Economics
GEOS 2302  The Global Environment
Minor in Exercise Sciences: 18 semester credit hours

The minor in Exercise Sciences is ideal for students who are interested in broadening their experience and knowledge base in the study and analysis of principles related to human movement, exercise, and athletics. Students will acquire new information on key domains of the field including exercise physiology, psychological approach to health, nutrition principles, injury prevention, and treatment strategies. Specifically, the minor provides students with an introductory grounding in physiologic principles that help us understand not only how human systems respond to exercise stress, but also how the body changes with chronic exercise stress.

Required Courses: 9 semester credit hours

- **HLTH 1301** Introduction to Kinesiology
- **HLTH 1322** Human Nutrition
- **BIOL 3370** Exercise Physiology

Upper-Division Courses: 9 semester credit hours

- **BIOL 3455** Human Anatomy and Physiology with Lab I
- **BIOL 3456** Human Anatomy and Physiology with Lab II
- **ECON 3315** Sports Economics
- **HLTH 3101** Medical Terminology
- **PHYS 3317** Physics of the Human Body
Minor in Gender Studies: 18 semester credit hours

The Gender Studies minor is designed to examine the ways in that gender as a complex social construction intersects with class, race, age, ethnicity, nationality, sexual orientation, and sexual identity; to examine the lives and experiences of groups that have been underrepresented in traditional academic work; and to acquaint students with the fundamental methodologies of women's and gender studies.

Required Courses: 9 semester credit hours

- **GST 2300** Introduction to Gender Studies

And two of the following:

- **GST 3301** or **PSY 3324** Psychology of Gender
- **GST 3302** or **HIST 3302** Gender in Western Thought
- **GST 3303** Gender, Society, and Politics

Electives: 9 semester credit hours

Choose 3 from the following:

- **AMS 2300** American Popular Culture
- **BIS 4V04** Internship (related to gender studies)
- **CRIM 3324** Gender, Crime, and Justice
- **GST 3301** or **PSY 3324** Psychology of Gender
- **GST 3302** or **HIST 3302** Gender in Western Thought
- **GST 3303** or **SOC 3354** Gender, Society, and Politics
- **GST 4311** Gender and Education
- **GST 4325** Motherhood and the Technological Womb
- **GST 4360** or **AMS 4360** Rebels and Reformers: Women and Alcohol in America
- **GST 4379** Topics in Gender Studies
- **GST 4380** or **SOC 4380** Women, Work, and Family
- **GST 4381** Senior Honors Research
- **GST 4382** Senior Honors in Gender Studies
Minor in Healthcare Studies: 18 semester credit hours

The Healthcare Studies minor is designed for students from any major who have an interest in pursuing a career in one of the healthcare fields. Students will learn important aspects of the health profession including appropriate terminology and the foundational elements of professionalism in the healthcare setting. Students will also gain an understanding of basic biological and medical principles related to human health and disease, the fundamental aspects of the history or philosophy of healthcare, and psychological, social, or economic issues associated with healthcare or the healthcare system in America.
This minor is well suited for traditional pre-health students (medicine, dentistry, pharmacy, and optometry) as well as those interested in allied health fields (physical therapy, physician assistant studies, clinical nutrition, etc.), public health, clinical psychology, and counseling. The minor in Healthcare Studies is designed for students from any major who have an interest in pursuing a career in one of the healthcare fields.

**Required Courses in Health Career Development Foundations: 8 semester credit hours**

- **HLTH 4304** Health Professions Internship
- **HLTH 1100** Career Explorations for the Health Professions
- **HLTH 3300** Pre-Health Professional Development
- **HLTH 3101** Medical Terminology

**Electives: 10 semester credit hours**

Choose 2 from the following:

**Historical, Legal, and Philosophical Foundations**

- **HIST 3328** History and Philosophy of Science and Medicine
- **PHIL 4320** Medical Ethics
- **PHIL 4321** Philosophy of Medicine
- **PSCI 4365** Law and Medicine

**Biological Foundations**

- **BIOL 3370** Exercise Physiology
- **BIOL 3455** Human Anatomy and Physiology with Lab I
- **BIOL 3456** Human Anatomy and Physiology with Lab II
- **HLTH 1322** Human Nutrition
- **ISIS 2308** Bones, Bodies, and Disease
- **ISIS 3306** Human Female: Biology and Culture
- **NSC 3344** Anatomy and Physiology of Speech and Hearing
- **NSC 4356** Neurophysiology
- **NSC 4366** Neuroanatomy

**Psychological, Social and Economic Foundations**

- **ECON 3330** Economics of Health
HLTH 3301 Issues in Geriatric Healthcare
PSY 4328 Health Psychology
PSY 4346 Human Sexuality
SOC 4372 Health and Illness
SPAN 3341 Medical Spanish

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